

7.2.1 Best Practice-I

1) Title of the Practice- Vivekvahini

2) Objectives:

- To develop the scientific temper among the students.
- To increase the rational thinking, national values, modern and humanistic approach.
- To train the students for stress management and life skills.
- **The Context:**

Today's great scientific and technological development has not reached to every rural part in India. Still Indian rural society is trapped in evil orthodox traditions and superstitions. Especially Indian women face various problems in male dominated, patriarchal social system. There is need to spread awareness regarding scientific temper, rational thinking and woman empowerment in Maharashtrian society. Rayat Shikshan Sanstha, the parent institute itself works rigorously for the academic and social development of rural area through educational institutes. This institute also works in tune with work of great social reformers and educationists such as: Savitribai Phule, Mahatma Jyotiba Phule, Chh. Shahu Maharaj, Dr. Babasaheb Ambedkar, Karmveer Bhaurao Patil and many others, reformists. Savitribai Phule Mahila Mahavidyalaya is a college established by parent institute only for women. Women can change the family and so the society if she has proper knowledge, education and awareness of social responsibility. To provide these basic requirements of social development our institute has taken initiative with Maharashtra Vivekvahini (a platform for rational thinking), a Social NGO from Maharashtra and Andhashradha Nirmulan Samitee, (Superstition Eradication Committee) which were established under the guidance of late. Dr. Narendra Dabholkar (Modern Social Activist), who has started the mission for the eradication of superstitions, evil customs, injustice with women and to create the value-based society with scientific approach towards the life.

Savitribai Phule Mahila Mahavidyalaya is established with an objective of women empowerment through education, social status, self-respect and scientific and rational thinking. The institute has signed an MoU with Maharashtra Andhashradha Nirmulan Samitee, (Superstition Eradication Committee) and Maharashtra VivekVahini (a platform for rational thinking) to implement the best practice entitled VivekVahini and Speak-Out Cell for social reforming of the girl students. Speak-out is developed platform by Vivekvahini for girls, who have some specific problems and obstacles in their educational process due to various reasons such as financial problems, social or familiar problem or health problem.

It is expected that the students who have any problem should frankly speak-out in front of the committee (which comprises of social workers, teachers and legal advisor) and should get her problem solved. A well-known medical practitioner and social worker Dr. Chitra Dabholkar with her co-workers Adv. Beena Shaha, Vaishali Devi, Manjushri Devi, Manju Sheth, Neeta Talvalkar, Deepa Mahajani, Ashwini Angal, a psychiatrists, and activist Dr. Hamid Dabholkar are actively engaged in this practice. Every alternate Saturdays the members and the students come together, discuss, plan and arrange the social activities such as; **Life Skills training, Say No to Crackers and, Eco-friendly Ganesh Idols, No Dowry Campaign, Pre-marriage Counseling, Debates on Women-issues, Street plays to generate awareness on various Social issues in, Gender- equality programmes, Screening of Movies on Women's issues and discussions on them, organization of rallies on social issues etc.** Moreover, the legal advice and economical help to needy students is provided through this committee. To create awareness about self, health and society rigorous efforts are taken and students are trained by using different teaching-learning methods such as: PPTs, Role-Playing, Group-Discussions, Presentations, Street-plays, Movie –screening, Critical thinking on situations or case- study, Problem –solving and interactions. This practice is really result- oriented and very beneficial for the better life of women at present and in future also. Every year all freshers are beneficiaries of this practice.

3) The Practice:

Details of programmes :

Sr. No	Date	Programme Name	Resource Person	Beneficiaries
1	26/08/2023	Vivek Vahini Inauguration Programme	Dr.Chitra Dabholkar Pediatician and Social Worker ,Satara	92
2	02/09/2023	Workshop on Secure Use of Social Media and Technology	Mrs.Vaishali Mandape Aroh Group ,Satara	98
3	09/09/2023	Workshop on Eco Friendly and Environmental Protective Ganeshotsav Awareness	Ira Mandape, Vaishali Devi	123
4	18/10/2023	Screening of Movie(XIIth Fail)	-	117
5	05/10/2023	Workshop on Crackers free Diwali Campaign	Teachers from Vivekvahini Committee	73
6	20/12/2023	Workshop on Mind Matters: Fostering Mental Health Awareness	Ms.Rutuja Karande, Research Scholar from Tata Institute of Social Sciences, Mumbai	35+4=39

7	17/01/2024	Workshop on Pre-Marriage Counseling	Adv. Beena Shaha, Vaishali Devi and Aroh Social Group members Satara,	107
8	11/01/2024	Workshop on Life Skills for Social Responsibility	Social Worker Satara, and Aroh Social Group	102
9	27/03/2024	Workshop on Women's Law	Dr. Manjusha Suryawanshi, I. S.M. Law College, Satara	91

4) Evidence of success:

Efforts for developing the scientific attitude, rational thinking among students is reflected in their active participation in the various activities mentioned above. The activities are appreciated, accepted, and responded positively and enthusiastically by the students and society. There is gradual positive increase in thought process of the students. In the beginning of every year the training regarding outreach and social activities is given to the students by Hon. Dr. Chitra Dabholkar and her team through organizing workshops. Various activities are planned at the beginning of every year and implemented them sincerely without any remuneration throughout the year. The life skills training workshops were organized. It proved more useful for the students as various useful issues were handled in these workshops. The workshops were helpful in raising awareness regarding environmental issues- eco-friendly Ganesh festival and Crackers free Diwali. The life-skills training regarding sensitive and important issues for the girl students like pre-marriage counseling, cyber threats and measures of safety, social responsibility etc. made them aware with these issues. The students participated in these activities actively and willingly. Dr. Chitra Dabholkar and her team conversed with the students and through these workshops provided life-skill training. The students were not only guided for life skills but also they were made to share their feelings, ideas and experiences in these workshops. Dr. Dabholkar also offered financial help to the needy students so that these students could continue their education. A financial help of Rs. 62000/- is given to the needy girl-students in the year 2023-24.

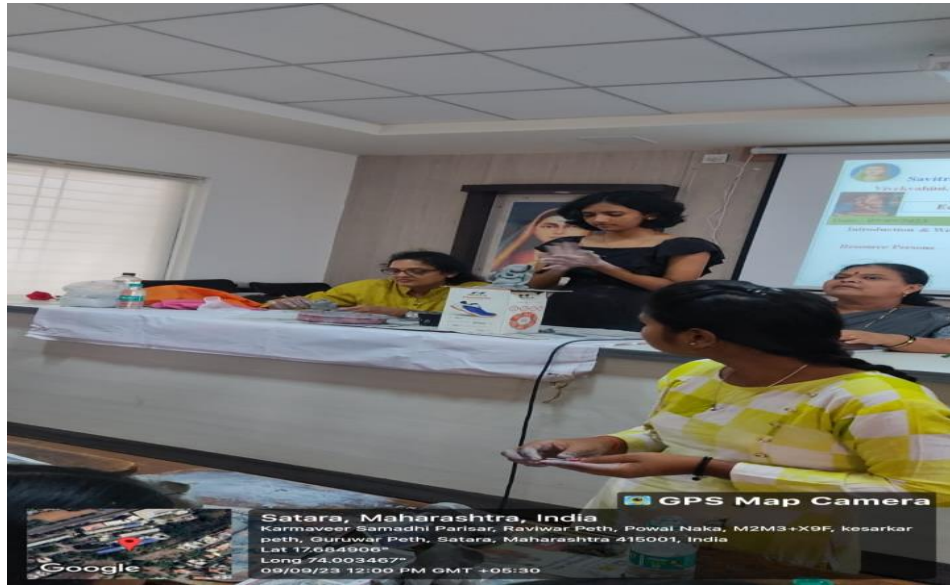
5) Problems encountered and resources required:

Creating an awareness about anything is not that much easy in traditional society. Society has established system, especially about religion and rituals' celebration such of Diwali and Ganesh Festival. People do not easily get convinced regarding clay idols and crackers free Diwali. To avoid environmental pollution and social loss, Dr. Chitra Dabholkar and her group took hard efforts and trained students for these activities. They tried their best for overall development of students but the girl students do not open up easily during the

Speak-out sessions. By using various communicative methods, girls are motivated to speak about their personal problem which is the most difficult and time consuming task.

Vivekvahini Activities 2023-24

Workshops on Eco-Friendly Ganesh Festival



Demo of Clay Ganesh Idol Making



Students Preparing Clay Ganesh Idols



Clay Ganesh Idols made by Student Participants



Screening of Motivational film '12th Fail'



Workshop on Secure use of Social Media



7.2.1 Best Practice-II

1) Title of the Practice: Short Term Courses

2) Objectives:

To develop women capacity by empowering them in skill-based education and entrepreneurship

3) The Context:

In today's world of competition, knowledge of traditional degree courses is not sufficient to make the students employable. Skills are essential for the students to survive in professional, practical world. Skills are adding economic value and work potential of human beings. Initially started with a few short term courses for bringing some of the skills among the students, observing the positive support of the students later on they were increased along with some additional career oriented courses. For successful running of these courses MoUs with Karmaveer Vidya Prabodhini, BOSCH were signed to avail the expert hands on training and guidance. In certain courses professional experts and external faculty are appointed.

4) The Practice:

Every student is provided with skill of one short term course in each year. These short term courses are decided as per the needs of the particular stream. E.g. Commerce students are provided with courses like Tally, Entrepreneurship Development Course or BCA students are given courses like Web designing. At the same time there is flexibility so that a Commerce student can take course of Fashion Designing course as per her liking. Every student acquires skills in minimum 3 courses by the completion of her graduation. The syllabi are designed by the faculty with inputs from different stakeholders. The classes are scheduled after the academic time-table, thereby allowing optimum utilization of the infrastructure. Professional external experts are appointed. Prospectus of syllabus of all the courses is prepared. Also all the requirements for these courses experts, equipments for practical, infrastructure are made available in the college. The syllabi of all courses are completed as per the time-table. Theory and Practical exams are held. Results have been prepared and the certificates were distributed to the qualified students. The number of students benefitted in the year 2023-24 is as given below.

Short Term Courses 2023-24

Sr. No.	Name of the Course	No. of the Students
1	Soft-Skill Development and Career in Arts	122
2	Soft-Skill Development and Career in Commerce	107
3	Soft-Skill Development and Career in Computer Application	126
4	English Communication Skills for Arts	122
5	English Communication Skills for Commerce	113
6	English Communication Skills for BCA	126
7	Personality Development	79
8	Home Science	79
9	Tally ERP	86
10	Entrepreneurship Development	86
11	Hardware and Networking	186
12	Journalism	30
13	Agribusiness	30
14	IBPS- Examination Guidance Course	102
15	MPSC Exam Guidance Course	100
16	Web Designing	83
17	GDC &A	77
18	NET/SET Examinations Exam Guidance Course	109
19	Stock Marketing	32
20	Fashion Designing and Dress Making	29
21	Beauty Therapist	30
22	Event Management	23

5) Evidence of Success:

These courses are assisting students to start self employment activities. These courses make aware the students of their own skills which would enable them to be employable. They are inspired further to pursue the skill courses of more advanced levels even after their completion of graduation. The alumni who have received skills from these courses extend their hands for continuous training. An exhibition of all the short term courses was organized on 13th March 2024. 25 There were 20 stalls of food items and 16 stalls of short term courses prepared by the students. NAAC peer team visited the stalls and appreciated students' skills.

6) Problems Encountered and resources required:

Large numbers of students come from the weaker section of society and rural background. Therefore the fees for these courses were not affordable to the students and the percentage enrolled for the courses was scant. Institution solved this problem by restructuring of the courses and fees. All of the courses have a common fees structure from Rs. 1000 to 1700.

Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Trade Fair and Exhibition of Short Term Courses (2023-24)







Savitribai Phule
IQAC
Co-ordinator

Savitribai Phule
PRINCIPAL
Savitribai Phule Mahila Mahavidyalaya
SATARA

