

7.2.1 Best Practice-I

1) Title of the Practice- Vivekvahini

2) Objectives:

- To develop the scientific temper among the students.
- To increase the rational thinking, national values, modern and humanistic approach.
- To train the students for stress management and life skills.
- **The Context:**

Today's great scientific and technological development has not reached to every rural part in India. Still Indian rural society is trapped in evil orthodox traditions and superstitions. Especially Indian women face various problems in male dominated, patriarchal social system. There is need to spread awareness regarding scientific temper, rational thinking and woman empowerment in Maharashtra society. RayatShikshanSanstha, the parent institute itself works rigorously for the academic and social development of rural area through educational institutes. This institute also works in tune with work of great social reformers and educationists such as: SavitribaiPhule, Mahatma JyotibaPhule, Chh. ShahuMaharaj, Dr. BabasahebAmbedkar, KarmveerBhauraoPatil and many others, reformists. SavitribaiPhuleMahilaMahavidyalaya is college established by parent institute only for women. Women can change the family and so the society if she has proper knowledge, education and awareness of social responsibility. To provide these basic requirements of social development our institute has taken initiative with Maharashtra Vivekvahini (a platform for rational thinking), a Social NGO from Maharashtra and AndhashradhaNirmulanSamitee, (Superstition Eradication Committee) which were established under the guidance of late. Dr. NarendraDabholkar (Modern Social Activist), who has started the mission for the eradication of superstitions, evil customs, injustice with women and to create the value-based society with scientific approach towards the life.

SavitribaiPhuleMahilaMahavidyalaya is established with an objective of women empowerment through education, social status, self respect and scientific and rational thinking. The institute has signed an MoU with Maharashtra AndhashradhaNirmulanSamitee, (Superstition Eradication Committee) and Maharashtra VivekVahini (a platform for rational thinking) to implement the best practice entitled VivekVahini and Speak-Out Cell for social reforming of the girl

students. Speak-out is developed platform since the academic year 2018-19 by Vivekvahini for girls, who have some specific problems and obstacles in their educational process due to various reasons such as economical problems, social or familiar problem or health problem. It is expected that the students who have any problem should frankly speak-out in front of the committee (which comprises of social workers, teachers and legal advisor) and should get her problem solved. A well-known medical practitioner and social worker Dr. ChitraDabholkar with her co-workers Adv. BeenaShaha, Vaishali Devi, Manjushri Devi, ManjuSheth, Neeta Talvalkar, DeepaMahajani, AshwiniAngal, a psychiatrists, and activist Dr. Hamid Dabholkar are actively engaged in this practice. Every alternate Saturdays the members and the students come together, discuss, plan and arrange the social activities such as; **Life Skills training, Say No to Crackers and, Eco-friendly Ganesh Idols, No Dowry Campaign, Pre-marriage Counseling, Debates on Women-issues, Street plays to generate awareness on various Social issues in, Gender- equality programmes, Screening of Movies on Women's issues and discussions on them, organization of rallies on social issues etc.** Moreover the legal advice and economical help to needy students is provided through this committee. To create awareness about self, health and society rigorous efforts are taken and students are trained by using different teaching-learning methods such as: PPTs, Role-Playing, Group-Discussions, Presentations, Street-plays, Movie – screening, Critical thinking on situations or case- study, Problem –solving and interactions. This practice is really result- oriented and very beneficial for the better life of women at present and in future also. Every year all fresher are beneficiaries of this practice.

3) The Practice:

Details of programmes :

Sr. No	Date	Programme Name	Resource Person	Beneficiaries
1	2/8/2021	Workshop on Secure Use of Social Media and Technology	Mrs. VaishaliMandape. Aroh Social Group, Satara	98
2	9/9/2021	Workshop on Eco-friendly & Workshop on Environmental Protective	Dr. ChitraDabholkar and Aroh Social	93

		Ganeshotsav Awareness	Group	
3	25/10/2021	Workshop on Crackers Free Diwali Campaign	Teachers from vivekwahini Committee	70
4	18/12/2021	Workshop on Pre-marriage counseling	Dr. Chitra Dabholkar and Aroh Social Work Group	75
5	6/1/2022	Workshop on Life Skills for Gender Equality	Adv. Manisha Barge, Social Worker, Satara	88
6	13/2/2022	Workshop on Wise Use of Mobile to Avoid Malpractices and Cyber Crime	Mr. Ajit Jadhav, Police Department, Satara	71
7	11/3/2022	Workshop on Life Skills for Social Responsibility	Dr. Chitra Dabholkar and Aroh Social Work Group	102
8	24/3/2022	Women's Law	Adv. Girish Kulkarni	55

4) Evidence of success:

Efforts for developing the scientific attitude, rational thinking among students is reflected in their active participation in the various activities mentioned above. The activities are appreciated, accepted, and responded positively and enthusiastically by the students and society. There is gradual positive increase in thought process of the students. In the beginning of every year the training regarding outreach and social activities is given to the students by Hon. Dr. Chitra Dabholkar and her team through organizing workshops. Various activities are planned at the beginning of every year and implemented them sincerely without any remuneration throughout the year. The life skills training workshops were organized. It proved more useful for the students as various useful issues were

handled in these workshops. The workshops were helpful in raising awareness regarding environmental issues- eco-friendly Ganesh festival and Crackers free Diwali. The life-skills training regarding sensitive and important issues for the girl students like pre-marriage counseling, cyber threats and measures of safety, social responsibility etc. made them aware with these issues. The students participated in these activities actively and willingly. Dr. Chitra Dabholkar and her team conversed with the students and through these workshops provided life-skill training. The students were not only guided for life skills but also they were made to share their feelings, ideas and experiences in these workshops. Dr. Dabholkar also offered financial help to the needy students so that these students could continue their education

5) Problems encountered and resources required:

Creating an awareness about anything is not that much easy in traditional society. Society has established system, especially about religion and rituals' celebration such of Diwali and Ganesh Festival. People do not easily get convinced regarding clay idols and crackers free Diwali. To avoid environmental pollution and social loss, Dr. Chitra Dabholkar and her group took hard efforts and trained students for these activities. They tried their best for overall development of students but the girl students do not open up easily during the Speak-out sessions. By using various communicative methods, girls are motivated to speak about their personal problem which is the most difficult and time consuming task.

Porphale
IQAC
Co-ordinator



Chitra Dabholkar
Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA.

Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara

MoU Signed with Maharashtra Vivekvahini

Activities conducted by Departments of VivekVahini, Speak-Out Cell & Psycho-Socio Cell

Academic Year: 2021-22

Sr.No	Subject	Seminar/Workshop	Department	Date	Expert Name	Participant
1	VivekVahini Inauguration Programme	inauguration Programme	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	24/08/2021	Dr.Chitra Dabholkar Pediatrician and Social Worker ,Satara	83
2	Secure Use of Social Media and Technology	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	02/08/2021	Mrs.Vaishali Mandape Aroh Group ,Satara	98
3	Eco Friendly and Environmental Protective Ganeshotsav Awareness	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	09/09/2021	Dr.Chitra Dabholkar Pediatrician and Social Worker ,Satara, and Aroh Social Group	93
04	Crackers free Diwali Campaign	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	25/10/2021	Teachers from Vivekvahini Committee	70
4	Pre-Marriage Counseling	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	18/12/2021	Dr.Chitra Dabholkar Pediatrician and Social Worker,Satara,and Aroh Social Group	75

5	Life Skills for gender equality	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	06/01/2022	Adv.Manisha Barge Social Worker ,Satara	88
6	Mobile : Wise Use to avoid Malpractices and Cyber Crime	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	13/02/2022	Mr.Ajit Jadhav Police Department,Satara	71
7	Life Skills for Social Responsibility	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	11/03/2022	Dr.Chitra Dabholkar Pediatrician and Social Worker Satara, and Aroh Social Group	102
08	Women's Law	Workshop	VivekVahini Collaboration with Speak-Out Cell & Psycho-Socio Cell	24/03/2022	Adv.Girish Kulkarni	55

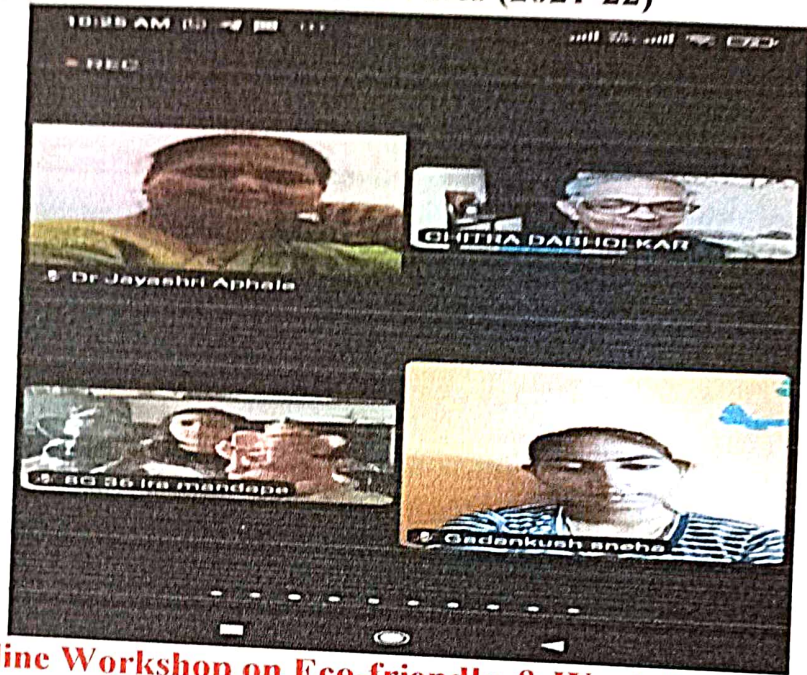
❖ Economical help of Rs/-60000 by A.L. Dabholkar Trust ,Satara and Rs/-10000 by Inner Wheel Club, Satara is given to the needy students.

Jayashri A. Aphale
VivekVahini Coordinator
Dr.Mrs.Jayashri A. Aphale

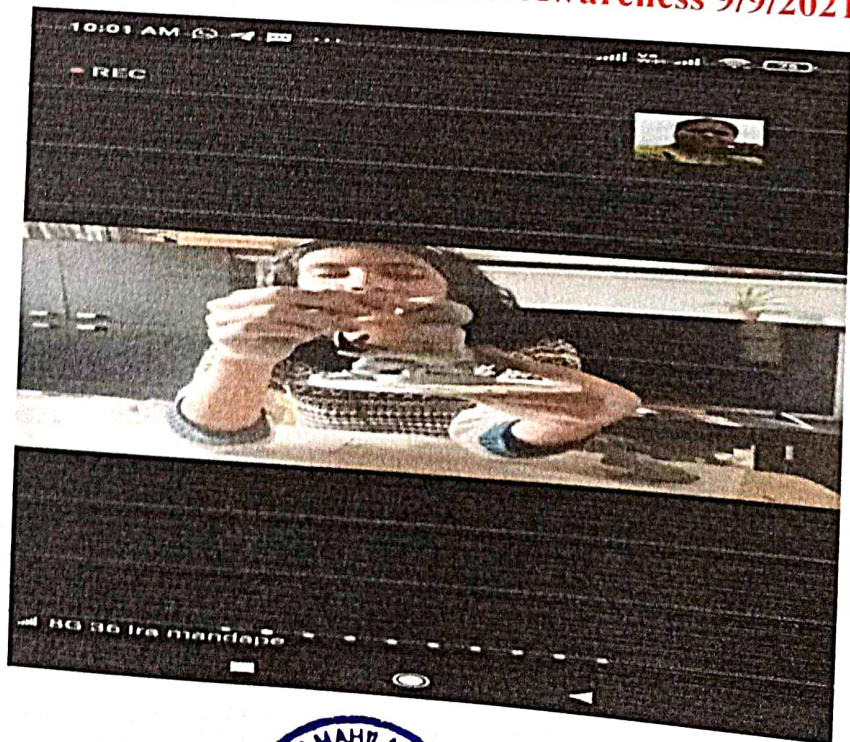
Jayashri A. Aphale
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Shivling Menkudale
Principal
Savitribai Phule Mahila Mahavidyalaya
SATARA
Dr.Shivling Menkudale

Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Vivekwahini Activities (2021-22)

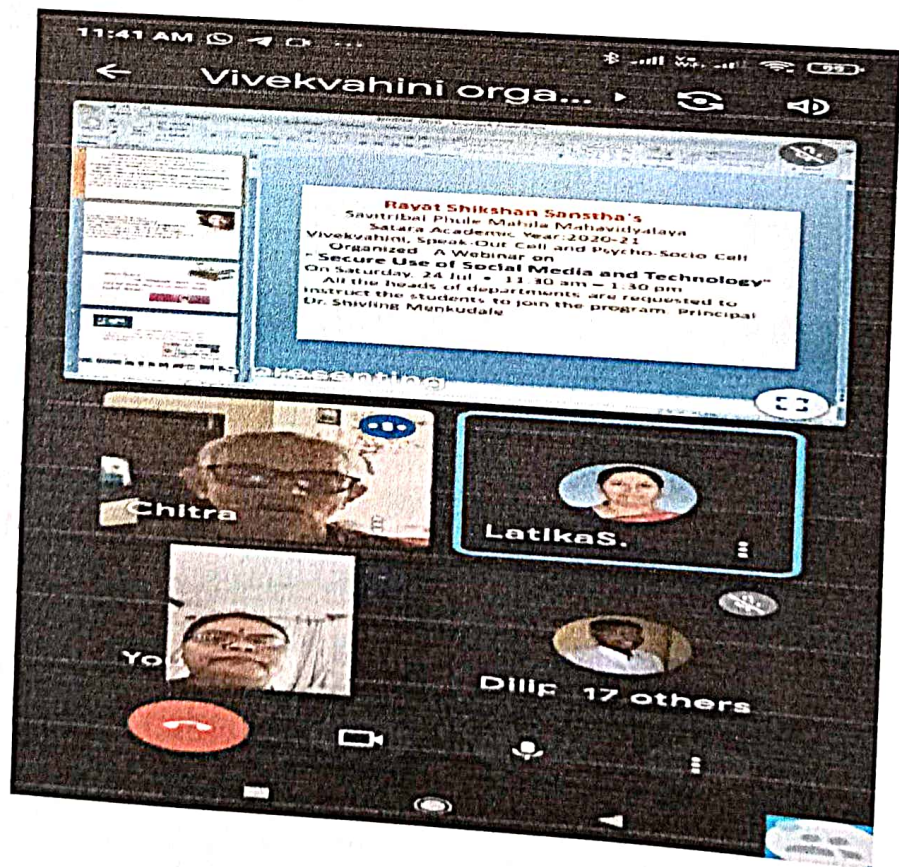
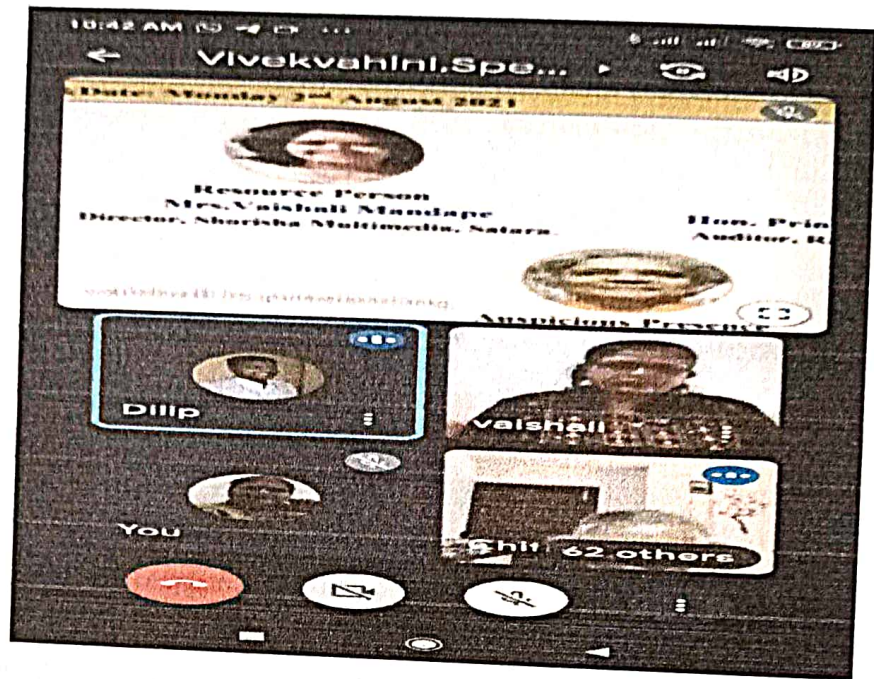


Online Workshop on Eco-friendly & Workshop on Environmental Protective Ganeshotsav Awareness 9/9/2021



Online Workshop on Secure Use of Social Media and Technology

2/8/2021



7.2.1 Best Practice-II

1) Title of the Practice: Short Term Courses

2) Objectives:

To develop women capacity by empowering them in skill-based education and entrepreneurship

3) The Context:

In today's world of competition, knowledge of traditional degree courses is not sufficient to make the students employable. Skills are essential for the students to survive in professional, practical world. Skills are adding economic value and work potential of human beings. Initially started with a few short term courses for bringing some of the skills among the students, observing the positive support of the students later on they were increased along with some additional career oriented courses. For successful running of these courses MoUs with KarmaveerVidyaPrabodhini. An NGO Mandeshi Foundation, BOSCH were signed to avail the expert hands on training and guidance. In certain courses professional experts and external faculty are appointed.

4) The Practice:

Every student is provided with skill of one short term course in each year. These short term courses are decided as per the needs of the particular stream. E.g. Commerce students are provided with courses like Tally, Entrepreneurship Development Course or BCA students are given courses like Web designing. At the same time there is flexibility so that a Commerce student can take course of Fashion Designing course as per her liking. Every student acquires skills in minimum 3 courses by the completion of her graduation. The syllabi are designed by the faculty with inputs from different stakeholders. The classes are scheduled after the academic time-table, thereby allowing optimum utilization of the infrastructure. Professional external experts are appointed. Prospectus of syllabus of all the courses is prepared. Also all the requirements for these courses experts, equipments for practical, infrastructure are made available in the college. The syllabi of all courses are completed as per the time-table. Theory and Practical exams are held. Results have been prepared and the certificates were distributed to the qualified students. The number of students benefitted in the year 2021-22 is as given below.

Short Term Courses 2021-22

Sr. No.	Name of the Course	No. of the Students
1	Soft-Skill Development and Career in Arts	110
2	Soft-Skill Development and Career in Commerce	115
3	Soft-Skill Development and Career in Computer Application	88
4	English Communication Skills	110+103+88+10=311
5	Personality Development	75
6	Home Science	75
7	Agribusiness	40
8	IBPS- Examination Preparation	108
9	Web Designing and Developing	45
10	Preparation of NET/SET Examinations	75+46
11	Beauty and Wellness	37
12	Guidance Centre for Competitive Examination	129
13	Police and Military Recruitment Examinations	29
14	Tally ERP	137
15	Hardware and Networking	22
16	Journalism	42
17	Fashion Designing and Dress Making	30
18	Entrepreneurship Development	99
19	Basic Life Support	16
20	GDC &A	75
21	Share Marketing	46

5) Evidence of Success:

These courses are assisting students to start self employment activities. These courses make aware the students of their own skills which would enable them to be employable. They are inspired further to pursue the skill courses of more advanced levels even after their completion of graduation. The alumni who have received skills from these courses extend their hands for continuous training.

An exhibition of all the short term courses was organized on 18th May 2022. 25 stalls have been set up. The event was organized at the hands of Hon. Mrs. HemlataBhosale, Industrialist, Anant Trading Corporation Ltd, Satara and Hon. Dr. VandanaNalawade, Principal, Azad College of Education, Satara. Prof. SandipKirdat and Prof. Hivarkar were examiners for the exhibition. The following short term courses secured ranks

First- Web Designing

Second- Fashion Designing & Dress Making

Third- English Communication Skill

Consolation- Guidance Centre for Competitive Examination

6) Problems Encountered and resources required:

Large numbers of students come from the weaker section of society and rural background. Therefore the fees for these courses were not affordable to the students and the percentage enrolled for the courses was scant. Institution solved this problem by restructuring of the courses and fees. All of the courses have a common fees structure Rs. 1700/1500.

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Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Trade Fair and Exhibition of Short Term Courses (2021-22)







**Rayat Shikshan Sanstha's
Savitribai Phule Mahila Mahavidyalaya, Satara
Short Term Courses 2021-22**

Report

The founder of Rayat Shikshan Sanstha started 'Earn and Learn' scheme in order to enable the poor and needy students continue their higher education. Following this thought Karmveer Vidyaprabodhini of Rayat Shikshan Santha has implemented short term Courses in the colleges. In the academic year 2021-22, Twenty One short term courses were run in our college. They are as following

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3	Soft-Skill Development and Career in Computer Application	88
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9	Web Designing and Developing	45
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14	Tally ERP	137
15	Hardware and Networking	22
16	Journalism	42
17	Fashion Designing and Dress Making	30
18	Entrepreneurship Development	99
19	Basic Life Support	16
20	GDC &A	75
21	Share Marketing	46

Professional external experts are appointed to design the syllabi of these courses. Prospectus of syllabus of all the courses is prepared. Also all the requirements for these courses experts, equipments for practicals, infrastructure are made available in the college. The syllabi of all courses are completed as per the time-table. Theory and Practical exams were held. Results have been prepared and the certificates were distributed to the qualified students.

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First- Web Designing

Second- Fashion Designing & Dress Making

Third- English Communication Skill

Consolation- Guidance Centre for Competitive Examination

All the courses were successfully completed under the guidance of Hon. Prin. Dr. Shivling Menkudale and with the cooperation of co-ordinators of short term courses.

[Signature]

Chairman
Short Term Courses

[Signature]
IQAC
Co-ordinator



[Signature]
PRINCIPAL

Savitribai Phule Mahila Mahavidyalaya
SATARA